

Healthy and Citizenship Overview: **Healthy Lifestyle** **Relationships** **Living in the Wider World** **British Values = BV**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	<p>Relationships</p> <p>Activities to encourage sharing of resources Talking about promises to help others Pictures and discussion about differences in people</p> <p>BV</p>	<p>Living in the Wider World</p> <p>Match the coin Choosing the correct coin Posting coins in the correct box</p>	<p>Healthy Lifestyle Living in the Wider World</p> <p>Following instructions about safety in the playground Holding hands to help people Matching up pictures with the right people who help us to stay safe</p> <p><i>Anti-Bullying Day</i></p> <p>BV</p>	<p>Healthy Lifestyle Living in the Wider World</p> <p>Making sure we put items in the bin to keep the class a safe environment Making sure we don't drop litter on the playground Saving water by turning the tap off</p>	<p>Relationships Healthy Lifestyle</p> <p>What should we do to stay safe in the sun on the playground? Let's watch it grow!</p>	<p>Relationships</p> <p>What will it be like when we move up to Year 1? What will change in Year 1?</p>
Year 1/2 Year A	<p>Relationships</p> <p>Sharing and Caring Friends are important</p> <p>BV</p>	<p>Living in the Wider World</p> <p>Money, Money, Money Looking at where money comes from</p>	<p>Healthy Lifestyle Living in the Wider World</p> <p>Be Safe & Be Seen Holding hands to be safe near traffic</p> <p><i>Anti-Bullying Day</i></p> <p>BV</p>	<p>Healthy Lifestyle Living in the Wider World</p> <p>Drip Drop Looking at saving water Understanding water pollution</p> <p>BV</p>	<p>Relationships Healthy Lifestyle</p> <p>Slip Slap Slop Staying safe in the sun</p> <p>What Can We Grow? Working together to look at how things grow Healthy Eating</p>	<p>Healthy Lifestyle Living in the Wider World</p> <p>Scooterability Introduction to Bikeability</p> <p>BV</p>
Year 1/2 Year B	<p>Relationships</p> <p>Everybody Somebody Anybody Nobody Being responsible in the classroom</p> <p>BV</p>	<p>Living in the Wider World</p> <p>What to do? Understanding the value of money</p>	<p>Healthy Lifestyle Living in the Wider World</p> <p>Hands, Teeth & Hygiene Keeping clean and hygienic</p> <p><i>Anti-Bullying Day</i></p>	<p>Healthy Lifestyle Living in the Wider World</p> <p>The Picnic Identifying litter as a problem</p>	<p>Relationships Healthy Lifestyle</p> <p>Keeping Myself Safe Identifying how to stay safe and who can help</p> <p>How Tall Can It Grow? Working together to make things grow</p>	

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3/4 Year A	Healthy Lifestyle Rules Everywhere! Being clean and safe in our school environment BV	Relationships Dizzy Dilemmas Explaining right and wrong, and making the right decision BV	Relationships Belonging to Groups Team work and belonging to different groups <i>Anti-Bullying Day</i> BV	Healthy Lifestyle Living in the Wider World 999 How to respond in an emergency BV	Relationships Living in the Wider World Pocket Money Why do we have money? What is this coin? Check the change Working together Growing a salad bowl BV	Healthy Lifestyle Living in the Wider World Where Should I Cross? Introduction to The Green Cross Code BV
Year 3/4 Year B	Relationships More than one friend Exploring friendship BV	Living in the Wider World All About Banks What are they? Why do we have them? What do they do? Inside a bank	Relationships Living in the Wider World Pollution Cleaning up our environment (moral and ethical issues) <i>Anti-Bullying Day</i> BV	Healthy Lifestyle Living in the Wider World Smoke's No Joke! Having a fire escape plan when the smoke alarm goes off BV	Healthy Lifestyle Change 4 Life Eating well 5 a day – what can I grow to help with this?	Living in the Wider World First Aid St John's Ambulance – core skills
Year 5/6 Year A	Relationships Healthy Lifestyle Stress Managing everyday relationships BV	Living in the Wider World Wants Or Needs? Keeping an account of money Reading a bank statement	Living in the Wider World Have A Banana Fairtrade, sustainability and global communities <i>Anti-Bullying Day</i> BV	Living in the Wider World Who's In Charge? Parliament, laws and us (<i>visit to House of Parliament</i>)	Relationships Taking The Lead Managing others in relationships Growing a salad bar (managing the project)	Healthy Lifestyle Living in the Wider World Bikeability Cycle safety SRE (Year 6) BV
Year 5/6 Year B	Relationships Healthy Lifestyle Stand Up, Stand Out Difference: changes in friendship –when not to follow the crowd BV	Living in the Wider World Money for Life Earning money Spending money Choices and enterprise	Healthy Lifestyle Living in the Wider World The Earth In Our Hands Reducing our carbon footprint Road Safety (one day) Keeping safe at all times <i>Anti-Bullying Day</i>	Healthy Lifestyle Arson Awareness Fire Awareness (Fire Brigade)	Relationships Healthy Lifestyle Tricky Relationships Growing a salad bar and taking instruction from other people Social Media Safety online and keeping personal information safe Think Safe (one day) (<i>visit</i>)	Healthy Lifestyle SRE (Year 6) Railways Safety (one day) Drug Education (one day) BV